

Cornish Delicacies for Tregulland & Co - In house catered meal sample menus

Pre-prepared delivered meals to serve yourself

Main Course

Option 1 £6.25 per person

Chilli Con Carne **GF DF**
Sausage and Egg Pie
(chilled only and serves 6 -10 each pie)
Vegetable and Chickpea Balti **GF DF V**
Potato and Tomato Tart **V**

Option 2 £8.50 per person

Lasagne
(can be made gluten-free on request)
Pork Fillets in Cider **GF**
Vegetarian Lasagne **V**
(can be made gluten-free on request)

Option 3 £11.00 per person

Coq au Vin **GF DF**
Beef and Ale Casserole **GF**
Basque Chicken **GF DF**
Fish Pie **GF**
Salmon Fish Cakes
Monkfish Provencale **GF**

GF = Gluten free DF = Dairy free V = Vegetarian

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Side dishes (can be discussed with order)

Garlic bread £3.00 per person Prepared seasonal vegetables £3.50 per person
Selection of salads £3.50 per person Prepared potatoes £2.50 per person

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Deserts

Whilst we have put an option for individual portions, a minimum of 6 of any one type needs to be ordered.

	Individual portion	Large Size	Serves
Tart au Citron	£5.25	£16.75	6-8
Lemon & Sultana Cheesecake		£28.50	8-12
Key Lime pie	£3.25	£12.75	6-8
Apple Pie		£9.75	6
Crumble with seasonal fruit	£3.25	£10.50	6
Brioche Bread & Butter Pudding	£4.60	£12.75	6-8
Chocolate Mousse Cake with optional raspberry coulis		£23.50 £6.90	8-10 8-10
Crème Caramels	£4.50		
Panna Cotta or Junket! With forest fruit compote	£5.00		

A minimum of 20 meals, 6 portions per dish, or £125 need to be ordered for free delivery, otherwise a charge of £10.

Please let us know if you have a particular request or any dietary requirements or allergies.

Please note final prices depend on party size, final menu requirements and location.

Please note the BBQ menu is not available at Pentire Penthouse