

Cornish Delicacies for Tregulland & Co - Outside catering dinner parties

Starters

- Crab cocktail with celeriac & grapefruit salad £19.90
- Prawn cocktail £16.50
- French onion soup £13.50
- Pea & watercress soup (veg or vegan) £11.50
- Pea & mint soup (veg or vegan) £11.50
- Hot crab gratin £16.50
- Avocado ceviche (vegan) £14.50
- Home made chicken liver paté with plum coulis £13.50
- 6 Cornish oysters with shallot & tarragon dressing £30.00
- 3 Cornish oysters with shallot & tarragon dressing £19.00
- Salmon ceviche £19.25
- Smoked mackerel paté with gooseberry chutney £13.00
- Scallops with bacon or chorizo £19.90
- Hot garlic tiger prawns £19.00
- Butternut squash soup with sage oil (veg or vegan) £11.50
- Baked cheese with flatbreads (veg) £13.00
- Red onion tart tatin with blue cheese sauce (veg) £13.50
- Crabcakes with chilli soy dipping sauce £15.00
- Moules marinières £17.00
- Traditional beef carpaccio £18.90
- Samphire, asparagus (seasonal) and radish salad (vegan) £14.50
- Seafood risotto £16.50
- Courgette & herb risotto with parmesan crisps (veg) £13.50
- Roasted sweet potato risotto (vegan) £13.50
- Sweet potato tikki (vegan) £14.50
- Half lobster - thermidor or garlic & herb butter POA
- Beef Tartare £18.90

Please contact us for more vegan and vegetarian options

*Prices are valid for one choice per course - see below.
for surcharges for more than one choice per course

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Main Courses

The below are served with a choice of potatoes and seasonal vegetables or salad

French trimmed rack of lamb with redcurrant jus and rosemary potatoes £32.50

Belly of pork with cider, cream & brandy sauce £25.90

Locally, line-caught sea bass with warm fennel slaw and seasonal vegetables £33.00

Lamb rump with port sauce £29.70

Breast of duck with black cherry sauce £29.70

Lamb shanks with anchovies £29.00

Vegan wellington £28.00

Fillet steak with a choice of sauces £44.00

Turbot with hollandaise sauce, butter sauce or crab bisque £45.00

Tempeh piccata with tender broccoli and fine beans (vegan) £28.00

Salmon fillets with herb vinaigrette £27.00

Cod with herb crust, hollandaise sauce or herb sauce £28.00

Salmon fishcakes with 2 dips, dill mayonnaise and chilli jelly £25.50

Venison loin, pan fried and served with creamy shallot and green peppercorn sauce £33.00

Lobster - thermador or with garlic butter POA

Spiced chickpea and feta stew (can substitute feta for vegan) £27.50

Venison, bacon & prune casserole £29.00

Pan fried hake with lemon and herb butter £29.70

Confit of duck £29.90

Chicken breasts stuffed with Cornish Blue cheese and cranberries £26.50

Moules marinières with crusty french bread (as a main course) £28.00

Warm crab & lobster salad with cauliflower POA

Roasted vegetable stack with Cornish Yarg and balsamic glaze (veg or vegan) £27.50

Haddock on crushed new potatoes & pancetta £28.00

Seasonal vegetable risotto (please ask for current ideas, veg & vegan) £26.00

Roasts with all of the trimmings (prices vary depending on meat choice) POA

Roasted stuffed butternut squash (vegetarian or vegan) £29.00

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Casual, served suppers

The below served with bread and salad or seasonal veg

Moussaka £23.75

Lasagne (meat, vegan or vegetarian) £23.75

Stuffed aubergines (meat, vegan or vegetarian) £22.50

Pork fillets in cider £27.00

Coq au vin £23.75

Beef & ale casserole £23.75

Basque chicken £26.00

Family favourites served with seasonal vegetables

Cottage pie (can be vegetarian/vegan) £22.00

Shepherds pie £22.00

Fish pie £27.00

Macaroni cheese £19.00

The below come with rice, naans and poppadums for the curries, salsas for the chilli

Goan fish curry (monkfish & king prawns) £27.00

Vegetable & chickpea biryani curry (vegan) £23.75

Thai green chicken curry (can be vegan with tempeh) £26.00

Chilli con carne or mixed bean chilli (vegan) £23.75

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Deserts

- Tarte au citron served with clotted cream £13.50
Chocolate Mousse cake served with home-made vanilla ice cream or clotted cream £14.00
Vegan chocolate mousse with macerated raspberries (vegan) £13.50
Crème brulée with nut brittle £13.00
Chocolate and amaretto torte with almond tuille £15.00
Apple tarte tatin with vanilla ice cream (can be vegan) £13.00
Dulce de leche cheesecake £13.50
Dark chocolate and passion fruit cheesecake with vanilla ice cream or clotted cream £13.50
White chocolate, lemon and vanilla cheesecake with raspberry sorbet £13.50
Vienetta parfait £14.00
Key lime pie £13.00
Roasted hazelnut meringue and blueberry mess £12.00
Lemon posset with lemon and blueberry mini meringues £13.50
Individual fruit pavlova £12.00
Dairy-free chocolate brownie with raspberry sorbet (vegan) £13.50
Tiramisu £13.50
Treacle tart with vanilla ice cream (can be vegan) £11.50
Vanilla & apricot brioche bread & butter pudding £11.50
Crumble with seasonal fruit & clotted cream (can be vegan) £11.00
Banoffee pie £13.25
Vanilla panna cotta with berry compote (or coconut dairy free vegan) £13.50
Summer boozy knickerbocker glory £13.75
Chocolate mousse with raspberry sorbet and chocolate crunch (vegan) £15.00
Trio of chosen desserts £19.90
Selection of Cornish cheeses with biscuits and home-made caramelized onion relish £15.50
Coffee and truffles £7.75

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Prices

Canapés - please ask for our current selection 4 per person £11.00 8 per person £19.50

* Surcharges

Supplements for up to 10 people starters and main courses

choice of two per course £95

choice of three per course £135

choice of four per course £175

Supplement for 10 to 24 people starters and main courses

choice of two per course £145

choice of three per course £215

choice of four per course £280

Supplement for 24 to 36 people starters and main courses

choice of two per course £185

choice of three per course £280

choice of four per course £380

Supplement for dessert choices (any size of group)

Two desserts £35

Three desserts £40

Four desserts £45

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