

TREGULLAND
& C^o

**GUEST
INFORMATION**







WELCOME TO TREGULLAND COTTAGE & BARN.

We're sure you'll love it here...

With spectacular views over our 16 acres of land, the first indoor freshwater pool in Britain, outdoor hot tub, cinema screen, dining room for 24 and the most delicious beds with 400 thread count Egyptian cotton linen- you'll never want to leave.

Tregulland is surrounded by some of Cornwall's most charming beaches, walks and fishing villages. In this folder, we have listed a selection of useful information about Tregulland, how to make things work and some suggestions about what's on offer in the surrounding area that will help you enjoy your stay. Needless to say, much more is available online, on our own website www.tregulland.co.uk or via www.visitcornwall.com. While staying in the houses email the team for help on help@tregulland.co.uk- (monitored 24hrs).

Keep in touch! Please let us know how you get on, either in the old fashioned way: write in our [Visitor's Book](#), or you could sign up for our quarterly [newsletters](#), tag us on [Instagram](#) and [Facebook](#). We love to hear your thoughts and ideas and please do share your pics of our beautiful place. Whatever you do, we wish you all the most fantastic stay with us here at Tregulland.

Ken and Illona Aylmer and all the team at Tregulland & Co.



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QUICK GUIDE

WI-FI

The WI-FI is **Tregulland** and the password is **tregullandandco**

As this is a 400 year old cottage and barn, and the walls are very thick. This makes wifi quite patchy in places so we have multiple routers all with the same password.

TROUBLESHOOTING GUIDE

With such a large house stuffed with state-of-the-art equipment and eco technology, occasionally equipment can malfunction. We have put together a troubleshooting guide (often just switch it off and on again), please do check the laminated Troubleshooting sheet in each house or look up instructions on the internet before emailing help@tregulland.co.uk

STAFF ON SITE

Occasionally on Wednesday mornings (from 9am) you may see our pool maintenance or grounds keeping crew on site. We may sometimes need to mow the lawns outside of changeover day due to the weather.

NEAREST SHOP

[The Spar](#) in Camelford PL32 9PA (01840212356) (15 mins drive)

Get in Contact

If you have any problems please email the team on help@tregulland.co.uk.



CHECK IN CHECKLIST

Check in is at 4pm and check out is at 10am. As we are so busy we cannot offer early check in or late check out.

ENTRY KEYPADS

Each main entrance door to the Cottage, Barn and Pool House has an entry keypad. We will have given you the codes in your pre-arrival email. Press the digits and then the key symbol, then *pull then push the door in quick succession*. Please do not share your code for the pool house with your children.

KEYS

We leave a set of keys in each house for you to double lock the doors in addition to the keypads if you like.

LIGHTING KILL SWITCH

To make your stay easier we have put a master kill switch for all ceiling and sidelights by each main entrance door. These switches are labelled and just above head height. No need to turn off each individual light in the house, just hit the “kill switch” as you leave to turn them all off at once- just remember to turn it back on when you return!

WI-FI

The Wi-Fi is **Tregulland** and the password is **tregullandandco**

APPLIANCES

All of the appliances are checked before your arrival. If any of them are off, please check that isolation switch is on and that the time is set. The ovens etc will not work unless a time is set. Any problems email help@tregulland.co.uk



DURING YOUR STAY

We want you to have the best time here at Tregulland, but please be aware that there are dangers to be aware of...

THE LAKE

There is a pristine fishing lake at the bottom of our land, no swimming allowed. Please email help@tregulland.co.uk for more info NB: We do not supply any fishing gear, please do bring your own.

ELECTRIC FENCE

There is an electric fence around the lake to protect it from the wild otters that would kill all the fish. Please make sure you use the blue plastic handles to open and close the gates around the lake. If you touch it, it will give you a small but not deadly shock. Please take extra care of your children. No dogs inside the fence.

NO SMOKING

Tregulland is a NO SMOKING venue. Please do not smoke inside any part of the houses, Pool House nor the Old Workshop. We have provided some "plantpot ashtrays" around the houses please make sure all cigarette butts are put into ashtrays provided and not into the flowerbeds or elsewhere.

NO FIREWORKS, LANTERNS, KITES OR CANDLES

Absolutely NO FIREWORKS allowed – As we are in the midst of farmland, there are always sheep, cows and horses in the fields around us, even if you can't see them. Overhead power lines mean it's unsafe to fly kites. Due to general fire risk, all wax candles and naked flames are also not allowed inside Tregulland.

BBQs

If you use the BBQs during your stay please make sure you clean them. We have provided a BBQ box with all cleaning equipment inside. It is easier to clean them once they are cold.



REED BED SYSTEM

We have a very eco-friendly reed bed soak away system for sewage and all wastewaters. Please only put loo paper down the loo. Everything else (including tampons, all wipes, sanitary pads, nappies, condoms etc) should all go into the sanitary bags and bins provided next to each lavatory.

Also, please do not pour large quantities of milk or alcohol down the sink as it ruins the delicate balance of the waste ecosystem (especially when clearing up on your last day – just leave it in the fridge and our cleaners will remove it for you).

WEATHERPROOF

Please can everyone be especially careful to close all windows, doors and especially the skylight roof windows when going out as the weather can get very wild very swiftly this close to Bodmin Moor.

IN THE GROUNDS

ALWAYS shut every gate – there are often sheep grazing in our field. No swimming in fishing lake. No dogs or unaccompanied children inside the electric fence.

POOL HOUSE

No dogs or unsupervised children inside the pool house. No food or drink and absolutely NO glass at all in pool house (we have supplied plastic glasses for you. Be safe around the hot tub; the open fire, metal surround and the water itself can get very hot.



ACCIDENTS HAPPEN

We understand that with 22 people sharing a space: accidents can happen. If anything gets broken, damaged or goes missing, please email the team ASAP on help@tregulland.co.uk so we can replace or fix them, often without charge.

STAINS AND LAUNDRY

COTTON BEDDING & TOWELS

We only stock the very best 400tc Egyptian cotton linen to ensure a truly luxurious holiday. As this is a self-catering holiday let, we do ask that you react swiftly to remove any accidental stains on our linen (eg. fake tan or make up) immediately as with most stains *the sooner you deal with the problem, the easier it is to remove*. We have supplied some Vanish stain removal bars as they are very effective on our linen. Please check on the internet/Google how to clean off different stains as the most effective treatment is often dependent on the type of stain and the type of material.

UPHOLSTERY – HEADBOARDS, SOFAS, CURTAINS ETC

In the first instance absorb as much of the spillage/stain with kitchen towel without rubbing or spreading it. Do not attempt to clean it as this may set the stain and make it worse. Please email immediately to let us know of any upholstery stains as we will need to get a specialist cleaner in.

Let Us Know ...

All our houses are meticulously cleaned and we check all the equipment between each set of guests so that we know everything is perfect for your stay. If there is anything amiss, or if there are any breakages or damages during your stay please email photos immediately to help@tregulland.co.uk Any damages we discover and have to repair on changeover day will be taken from your deposit.



CHECK OUT CHECKLIST

Please can you check both houses, the pool, old workshop and grounds are clear and tidy when you leave, making sure to return anything you have moved back to where you found it. Thank you!

DEPARTURE TIME - It is important to leave on time (10am sharp – No late checkouts allowed atm), as we need to protect our staff and they need every minute to return the house to its pristine state for our next guests

BEDS – Due to Covid on your last day please strip all the beds you have used; your own and your children’s and put all the used bedding into one bag and all towels, bathrobes and bathmats (which may be damp) into the other bag provided

RUBBISH AND RECYCLING - Please empty your recycling bins into the correct recycling bins at the top of the steep barn drive and any tied black binbags from the kitchen bin into the bin store in the cottage carpark

HOTTUB - Please make sure you have drained the hot tub and clipped the lid on securely using the straps

AIRFLOW - Make sure to leave internal doors open to air the rooms but **DO NOT** leave windows open as the weather can change very quickly and rain can blow in and damage the curtains and blinds...

TIPPING -While we pay our staff and cleaners well, they often go above and beyond the call of duty to ensure your stay is perfect. If you would like to show your appreciation of their hard work by leaving a tip, you can leave it with the house manager, or if you have no cash, we can take a percentage from your deposit on request. All tips left by guests are shared fairly amongst the staff.



INSIDE TREGULLAND

THINGS TO KNOW

KITCHENS AND EQUIPMENT

We have chosen efficient, easy to clean induction hob and fan oven cookers, these get VERY HOT very quickly – please be careful not to burn the pans, and please don't use any metal utensils or scratchy cleaning sponges on the non-stick frying pans.

MUSIC SYSTEMS

We have 2 *Ruark Audio MRx* Systems which have Bluetooth, Wi-Fi and AUX connectivity. They are in the dining room of each house. If you are having any connectivity problems, the user manual can be found [online](#).

CINEMA SCREEN

The drop-down cinema screen and projector in the barn Granary sitting room are controlled by a Logitech touch screen remote control. Please see laminated instructions on top of the AV cabinet. We supply HDMI to HDMI cable, if your device has a different input, please bring your own cable (e.g. HDMI to lightning cable).

TOWELS

We have supplied each guest with a huge white bath towel and a smaller white hand towel for use in the bathrooms, as well as a medium orange towel for use in the pool or beach. Please do not take the white towels to the pool or the beach. If orange towels come back from the beach sandy, please make sure you dry them out and shake off excess sand outside before washing.

WOOD BURNERS

All the fires have been set for easy lighting. Once lit do not leave anything on top of the wood burner nor leave the door open. If you need more logs, help yourself from the outdoor log store under the seat in the porch.



BINS & RECYCLING

GENERAL RUBBISH - COLLECTION DAY IS WEDNESDAY

Please put tied black bin liners of general rubbish into the wheelie bins in the bin store in the cottage car park. No loose rubbish to be put into the bins. There is no brown (organic kitchen) waste collection in this area - all food waste must go into black bin liners with general rubbish (sorry).

RECYCLING

When the kitchen recycling bins are full, please empty them into the giant industrial wheelie bins at the top of the steep drive opposite the barn.

Please recycle:

- **Glass** only goes in the 2 big GLASS bins (emptied monthly)
- Everything else recyclable goes into the **DMR** bin (emptied fortnightly)
- **DMR=Dry Mixed Recycling**: all paper, cardboard, cans, metal & all recyclable plastic including tetrapacks- pls check the packaging, anything recyclable.

NB: Do not mix glass or food with other recycling as they will not collect it until it has been removed and charge us (or you!).



GARDENS & GROUNDS

FIRE PITS

Please do not put the fire pits on the lawn and only use logs from the outdoor stores – under the seat of the cottage porch near the hot tub.

BBQs

We have two half barrel barbecues available for you to use on request. Please use the box of BBQ cleaning supplies provided and please leave the BBQ as you found it.

TREASURE HUNT

We have set out a Nature Trail/Treasure Hunt for children accompanied by adults which will take you in a 45-minute loop around the grounds and back to the house (where you can put your own chocolate coins/money into the waterproof box underneath the huge flat stone in the meadow for the children to find at the final location if you like) Please see Treasure Map and Instructions in the folder left in both kitchens.

PLEASE ALWAYS SHUT THE GATES BEHIND YOU!

DOG OWNERS

We welcome well behaved dogs at Tregulland... however:

- ~ Please make sure you clear up all dog poo from around the houses and grounds and only put the securely tied, bagged waste in the clearly labelled **DOG POO BIN** in the Cottage car park bin store.
- ~ Dogs are not allowed on the beds or furniture, and are not to be left alone in the houses, nor are they allowed upstairs or in the bedrooms. No dogs allowed in the pool house, nor inside the electric fence around the lake as they distress the nesting Canada geese.
- ~ As Tregulland is deep in the countryside, dogs need to be kept under close supervision to stop them from going into neighbouring farmland.



POOL HOUSE & FACILITIES

POOL

- The main pool is 1.2m deep. The children's pool is 60cms deep.
- Please read the safety notices by the main entrance door of the Pool House.
- No outdoor shoes allowed – please take off your shoes indoors
- As the water is cleaned by plant technology the temperature is normally about 27°. You cannot make the water any hotter.
- There are no life guards on duty so children must be supervised at all times.
- Absolutely no glass, food, drink or dogs allowed in the Pool House.

STEAM ROOM

- Please read carefully and stick to the advice on the safety notices by the steam room entrance door.
- It is not recommended you allow children in the steam room as they can't control their body temperature.
- We have provided some essential oils for guests to use in the Steam Room. Put a few drops on the top of the small round silver steam outlet low on the wall opposite the door before switching on (Obviously the steam outlet gets very hot when in use so please be careful).
- The steam room takes a few minutes to warm up. When finished please be sure to switch steamer off and sluice down tiled seats.

DUTCH HOT TUB

- Please be careful! When in use the metal fire surround, chimney and pipes leading into the tub are **extremely hot**.
- Please see the next page for simple hot tub instructions.
- Please use the logs you can see from the hot tub - under the seat in the cottage porch. If you need more logs please do get more from the log store under the porch seat.



HOT TUB INSTRUCTIONS

SIX EASY STEPS TO GET THE HOT TUB GOING – ALLOW 2 HOURS

1. Make sure the 2 outlet taps are closed, then fill the tub half full (or until water runs cold – approx 20 mins) using the hot water tap with hose attached on the nearby stone. This will empty the hot water from the tank in the Pool House.
2. Put the cover on the tub (strap it on as it's usually windy) and go away for 40 mins. The hot water tank will heat up again.
3. Completely fill the tub to cover the black outlet disc (near the top of the tub) again, using just the hot tap hose – approx 20 mins.
4. Once the tub is full **ONLY NOW** light the fire in the fire barrel. Do not light the fire before filling the tub as it will seriously damage the pipework.
5. Put the lid on the fire barrel once it has started, to help it burn better, keep feeding the fire to keep the water toasty
6. Give it a stir **with the paddle provided**; check the temperature; add some cold water from the cold tap if need be....and enjoy!

SAFETY NOTICE - BE CAREFUL

- Open fires and very hot water are dangerous
- Always check the temperature of the tub before entering!
- Always stir the water with the paddle before getting in as the surface layer of water can become much hotter than in the body of the tub
- Only hold the fire barrel lid by the outer handles as the rest gets extremely hot
- Children should never use the hot tub unsupervised
- Please make sure you either attach the lid with the clips and straps provided or leave it safely in the pool house as it can get damaged if left lying outside. This specially made, super-insulated lid is surprisingly expensive to make, and so sadly we will have to charge you if any damage is caused by or to the hot tub lid
- Due to issues around standing water and Legionnaire's disease never reheat yesterday's water – always empty and refill each day
- To empty: once water has cooled, open the 2 outlet taps. Once empty: wipe down tub with a soft cloth



OUTSIDE TREGULLAND

PLACES TO VISIT

WALKS

There are OS leisure maps of the local area in both the Cottage and Barn. We recommend downloading the [OS App](#) onto your smart phone which will show you many more of the great walks nearby.

St Clether Holywell Chapel is about an hour round trip walk from our door. Go down the lane from the Tregulland drive. At the junction go left a few steps then go right through the farm gate almost opposite. Go straight on over 3 fields until you see the chapel on your left. See OS Map 109.

Rough Tor (pronounced like "bough" of a tree) allow 10 mins drive to the car park near Camelford then minimum of 1 hour walk up to the Tor.



BEACHES

Because we are on the north coast, we usually have impressive waves. Our beaches are beautiful, but the sea can be dangerous. The waves can get very strong and the rip tide deadly, please **ONLY** swim and surf within [RNLI Lifeguard](#) protected areas and be very careful of your children. Most larger beaches have trained RNLI lifeguards from May-Sept.

All the beaches listed below are amply supplied with cafes, pubs, and shops- please check online for [tide times](#) and RNLI information.

Crackington Haven Beach - Bude EX23 9JG (21 mins drive)

A great beach with rock pools, impressive cliff walks, two cafes and a pub plus parking make this a perennial favourite.

Summerleaze Beach - Bude EX23 8HN (27 mins drive) Head into Bude and follow the signs for Summerleaze Beach, it's a beautiful wide golden dog friendly sandy beach with a newly revamped sea pool, excellent cafes and they even have pretty pastel beach huts for hire.

Widemouth Bay/Black Rock – Bude EX23 0AW (pronounced “Widmuth”) (24 mins drive) connected to **Black Rock Beach**, which is dog friendly. You can hire or buy yourself a wetsuit, surfboard or body board at the **The Beach House Surf Shop** (01288 361256)

NB: Black Rock Beach is next door to our seaside sister property [Barford Beach House](#) which sleeps 12 (+4)



NEARBY TOWNS

Launceston (20 mins drive)

Launceston is a traditional market town with castle ruins, some excellent traditional shops and on the outskirts: an amazing butcher.

[Philip Warren Butchers](#) at Pennygillam Ind. Estate PL15 7ED (01566 772244)
(easy parking)

[Launceston Steam Railway](#) PL158DA (01566 775665)

[Launceston Castle](#) PL15 7DR (01566 772365) English Heritage historic site

[Launceston Leisure Centre](#) PL15 9DQ (01566 772551)

Bude (25 mins drive)

Bude is a charming sea-side surfer town, with the wonderful Summerleaze beach and lots of quirky local shops.

[Life's a Beach](#) EX23 8HN (01288 355222) Excellent beachside café

[Temple Cornwall](#) EX23 8JZ (01288 354739) Idiosyncratic shop selling designer clothes and homewares alongside a superb restaurant that wouldn't look out of place in Shoreditch

OTHER PLACES TO VISIT

[Hidden Valley](#) PL15 8SJ (01566 86463) Brainteasing woodland adventure park

[Trethorne Leisure Farm](#) PL15 8QE (01566 86324) Indoor play barns-great for when it's raining!



PLACES TO EAT

Cornwall has partly earned its reputation as a foodie's delight thanks to the fantastic fish brought into nearby fishing villages like Port Isaac and Looe. Here we have listed some of our favourite restaurants, please be aware we cannot mention them all, there are hundreds more brilliant restaurants worth trying, do let us know in our visitors' book where you visit and tell us what you think! We always suggest you call ahead to book.

RESTAURANTS

[Temple Cornwall](#). Bude EX23 8JZ (01288 354739) (25 mins drive) Excellent innovative menu with attached curated fashion and homeware shop.

[Outlaws](#) Port Isaac PL29 3RH (01208 880 896 and 01208 881183) (30 mins drive)

Two star Michelin chef, Nathan Outlaw, has opened two quirky restaurants in charming Port Isaac.

New Road serves *"Set seafood menu celebrating Cornwall's bounty from coast to field"*.

The Fish Kitchen *"Small, original and delicious seafood plates."*

[Rick Stein's Seafood Restaurant](#) Padstow PL28 8BY (01841 532700)(45 mins)

Some might say a trip to Cornwall is incomplete without a wander over to Rick Stein's, whether his infamously hard-to-reserve main restaurant, or the [St Petroc's Bistro](#) and the [Fish & Chip shop](#), which are much easier for drop-in visits.



PUBS WITH FOOD

We always recommend you call ahead to book. In order of proximity.

[Wilsey Down](#) PL32 9SH (01840 261205) (5 mins drive)

Our nearest very traditional pub, catering to the local farming community.

[Rising Sun Inn](#) nr Altarnun PL15 7SN (01566 86636) (10 mins drive)

A fantastic old fashioned pub with local ales and an excellent chef; this pub is well worth a visit. Can cater for large groups, pre booking essential.

[Port William](#) Trebarwith Strand PL34 0HB (01840 770 230) (20 mins drive)

Traditional pub and restaurant with great views over the beach

[Mill House Inn](#) nr Trebarwith Strand PL34 0HD (01840 770200) (20 mins)

Lovely rambling old pub with excellent food a short drive from Trebarwith Strand beach. Can cater for large groups, pre booking essential.

[Coombe Barton Inn](#) Crackington Haven EX23 0JG (01840 230345) (20 mins drive) Traditional Pub with fantastic views over the beach. Their menu offers a variety of dishes, using seasonal, locally sourced ingredients.

[Bayview Inn](#) Widemouth Bay EX23 0AW (01288 361273) (20 mins drive)

Family friendly with a play area for children. There is plenty of seating outside to gaze at the spectacular view or watch the sunset.

[Dartmoor Inn](#) Lydford EX20 4AY (01822 820221) (40 mins drive)

Great food. It's a pleasant 25 minutes walk to the dramatic National Trust's Lydford Gorge with its 30m waterfall. Handy to break your journey on the way there or back.



PLACES TO SHOP

LOCAL SHOPS

In the countryside it's always wise to phone ahead to check opening times and directions.

Hallworthy Garage, PL32 9SH (01840261501) (5 mins drive)

Go out of Tregulland lane, turn left onto A395, Garage is 1 mile on the right, next to the Wilsey Down Pub

Wainhouse Corner Garage EX23 0AZ (01840 230708) next door to

Wainhouse Post Office EX23 0AZ (01840 230554) (13 mins drive)

Pop in on your way back from the beach for newspapers, milk, bread, fuel etc.

[Tregida Smokehouse](#) Warbstow (01840 261785)

An award-winning smokehouse company which sell fresh and smoked fish, can deliver products to Tregulland on a Friday. To place your order call or email smokehouse@tregida.com.

[Homeleigh Garden Centre](#) PL15 9SP (01566 773147) (22 mins drive)

Large excellent range of local produce including award winning Tregothnan tea, Camel Valley wine and Delabole cured meats.

FARM SHOPS

[Hill Top Farm Shop](#) nr Camelford PL32 9TT (01840 211518) (12 mins drive)

[Boscastle FarmShop & Cafe](#) Boscastle PL35 0HH ([01840 250827](tel:01840250827)) (17min drive)

[Lifton Strawberry Field Farm Shop](#) Lifton PL16 0DE (01566 784605) (20mins)

[Little Pig Farm Shop](#) Bude EX23 9PZ (01288 321739) (30 mins drive)



SUPERMARKETS

Waitrose, Tesco and Asda deliver to Tregulland, others may too.

- ~ **Tesco** Launceston PL15 9HG (0845 677 9403) (20 mins drive)
Open 24hrs except Sunday closes at 4pm and opens Monday at 6am.
- ~ **Co-Op** Launceston PL15 8EX (01566 776350) (20 mins drive)
Open 7am-11pm most days
- ~ **Sainsbury's** Bude EX23 8ND (01288 282000) (30 mins drive)
Open Mon to Sat 8am-8pm, Sundays 10am-4pm
- ~ **Morrisons** Bude EX23 8UA (01288 355546) (30 mins drive)
Open Mon to Sat 8am-9pm, Sun 10am-4pm
- ~ **Asda** Bodmin PL31 2AR (01208 261800) (35 mins drive)
Opens on Monday at 7am then open 24 hours until closes on Sat 10pm, Sun 9.30am-4pm

TAXI

In the countryside you are advised to always book in advance

- ~ **[Dan's Cabs](#)** Launceston (07792925374)
- ~ **[LJ Taxi](#)** Launceston (07811 311332)
- ~ **AB taxi** Launceston (01566 776 877) Larger mini buses on request
- ~ **Launceston Taxis** (01566 785364)
- ~ **Shirley's Taxi** Camelford (07743 743 222) has some 8+ seaters
- ~ **[Parnell's](#)** Bodmin (01208 78788) has 8 seaters on request
- ~ **[Group Travel](#)** Bodmin (01208 77989) Hire vehicles for 16+ people
- ~ **Rob's Travel** Bude (0777 182 4141)



EMERGENCY CONTACTS

FIRE

Fire extinguishers and blankets are provided in each kitchen, outside the Granary Sitting Room and the Sunroom.

In the event of a fire proceed calmly to the nearest exit and assemble in the meadow by the standing stones.

The holiday organiser should check that everyone is present.

Call the emergency services by dialling 999 on the phone.

When safe please contact the team on help@tregulland.co.uk (monitored 24hrs)

POLICE

In an emergency dial 999

For all other queries telephone 101 or if you are speech impaired or hard of hearing call text phone 180 01 101

POWER FAILURE

Torches are kept on the shelf to the left of the cookers in both houses.

Check the trip switches in the fusebox

~ Trip switches for the Barn are in the cupboard in the utility room.

~ Trip switches for the Cottage are in the under stairs cupboard.

In the event of a power cut call Western Power on 105.

For any other electrical problems please contact the team on help@tregulland.co.uk



DOCTOR

Call or go [online](#) to NHS Direct on 111 for more info

Launceston Medical Centre PL15 9HH (01566 772131) (20 mins drive)

Camelford Medical Centre PL32 9YT (01840 213894) (12 mins drive)

DENTIST

Bupa Dental Care Launceston PL15 9EB (01566 772911) (20 mins drive)

HOSPITAL

Please call 111 or use [111 online](#)- they will direct you to the nearest and most available hospital.

Stratton Hospital Bude EX23 9BP (01288 320100)(25 mins drive) Minor Injuries unit- access through 111.

PHARMACY

Tesco Instore Pharmacy Launceston PL15 9AG (15 mins drive) (01566 749847)

Call to check extended opening hours



ECO SMART LUXURY

Tregulland is not only beautiful and comfortable it is also a groundbreakingly energy-efficient, deluxe holiday home.

BIOMASS BOILER

The entire estate, including the swimming pool, is heated by a state-of-the-art biomass boiler in one of the outbuildings. It runs on compressed sawdust wood pellets which are a waste product of the timber industry.

OUR OWN PRIVATE BOREHOLE

We are almost off grid here as we use only the purest Cornish spring water drawn up through the rock by our own borehole. The water is checked and filtered before supplying all the water needed at Tregulland, including our chlorine free pool.

ECO FRIENDLY SWIMMING POOL

The water is cleaned using groundbreaking plant filtration techniques that means we don't need to use any chlorine or salt.

SOLAR PANELS

Solar water panels provide the hot water in the summer and photovoltaic panels supply the electricity. When we produce too much electricity we supply it back to the national grid.

ENERGY SMART

Little details like induction hobs, LED lighting and super insulation in the walls with a silent heat recovery and ventilation system help to keep energy use down. The entire Granary is lit with the equivalent of less than 100 watts



CONTACT INFORMATION

TELEPHONES

Remember to turn on wifi calling on your mobile phone although the walls are very thick so the wifi signal is better near the hub in the Snug and Kitchen

Mobile reception is patchy in Tregulland valley depending on the weather.

You can usually find a signal on the standing stones.

We have a landline in each house for essential local or emergency calls.

International calls are blocked, if you need to make long UK calls please leave money and let Bonny know as we operate on an honesty policy.

HOUSE PHONE NUMBERS

Tregulland Barn 01840 261 418

Tregulland Cottage 01840 269 024

Our Contact Information

For any questions, problems or breakages please email the team on help@tregulland.co.uk with your emergency and contact phone number **email is monitored 24 hours a day**



TREGULLAND
& CO

OUR OTHER PROPERTIES

TREGULLAND COTTAGE & BARN SLEEPS 22 +3



Come and celebrate in the finest eco-chic luxury, with an indoor freshwater pool. Set in a secluded valley bordered by a wildlife reserve, the river Inny and our own carp filled fishing lake.

- Eleven en suite double bedrooms
- Outdoor wood fired hot tub
- Indoor freshwater swimming pool and steam room
- Cinema & table tennis rooms
- Playground, extensive grounds & fishing lake

BARFORD BEACH HOUSE SLEEPS 12 +4



Glorious holiday home full of quirky fairytale touches & expansive views overlooking a private beach. 5 mins drive (15 mins walk) to brilliant golden sands of Widemouth Bay

- Six en suite double rooms, 2 with extra bunkbeds
- Outdoor wood fired hot tub
- Indoor sauna and spa room with cold bucket drop
- Cinema and secret underground Bunker Bar with pool table, and arcade games

PENTIRE PENTHOUSE SLEEPS 8 +2



Sophisticated circular Penthouse apartment overlooking the internationally acclaimed Fistral Beach and only 5 minutes from the stunning National Trust owned Crantock Beach.

- Four en suite zip & link double bedrooms
- Outdoor hot tub on giant terrace overlooking the sea
- 2 minute walk to Surfer's paradise Fistral beach

BLACKBIRD BOAT SLEEPS 2



A luxury floating suite for two, permanently moored on the bank of a secluded lake in North Devon. Just up the gangplank is its own Bathhouse Boudoir with decadent roll top bath from which to gaze out over the lake.

- Deluxe floating suite for two with cosy woodburner
- Bath house boudoir with roll top bath
- On the banks of a gorgeous fishing lake teaming with wildlife



OUR OTHER

PROPERTIES